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Wednesday, October 26

■ **Senior drivers workshop:** 10am-1.30pm, St George Leagues Club. Tips for senior drivers, including a review of road rules, NRMA Years Ahead presentation, and advice for the 85-years test. Bookings essential: Kogarah Council's road safety officer, 9330 9446. Kogarah residents will receive first preference.

■ **Exercise class for seniors:** 9.15am, Kogarah Uniting Church. Looking for new members who want to improve fitness and well-being while having fun and meeting new people. Other exercise classes also available at various times and venues. Bookings essential: SHARE, 9533 4422.

■ **National Parks Association:** 8pm, Sutherland Multi-purpose Centre, 123 Flora Street. Free talk/slideshow by Maureen and Dave Carter, who have walked or cycled the NSW coast from Circular Quay to the Victorian border. Details: 9299 0000.

■ **Georges River-Riverwood Probus Club:** 10.30am, Club Rivers, Littleton Street, Riverwood. Speaker is from the Exodus Foundation. The Probus Club of Riverwood offers friendship, interesting speakers, outings and a walking group. It is open to all retirees, both men and women. Visitors welcome. Details: Deidre, 9153 9081.

■ **Osteoporosis Sydney Support Group:** 10am, St George Leagues Club, Kogarah. A morning with Richard Glover, radio talkback host and ABC presenter; \$7 donation includes tea, coffee and sandwiches. Registrations needed for catering purposes: Antoinette, 0419 230 163.

■ **Challenging the early sexualisation of children:** A talk by Melinda Tankard Reist, 7.30pm, at Oatley Uniting Church hall, cnr Frederick and Letitia streets. \$5 cost includes refreshments. RSVP: 9579 4214 and leave a message.

■ **Parkinson's Support Group:** 10.30am-12.30pm, Sylvania community hall, cnr Melrose Avenue and Canberra Road. Speaker: Dr Raymond Schwartz from Southern Neurology will speak on "Stroke and Parkinson's – What is Their Relation-



High-tech education: Pupils from Connells Point Public School were recognised for their filmmaking flair at the Panasonic Kid Witness News program. The school received the NSW state primary award for its short film *21st Century Communication*, which explored how people communicate in the digital age. The pupils, pictured with assistant principal Paul Cohen, who helped them with their film, which they scripted, produced, directed, starred in and edited. They were judged on originality and overall creative concept. They also participated in filmmaking workshops, online video tutorials and group mentoring sessions. The school won a trophy and \$2000 worth of camera equipment.

ship?" A light lunch follows the meeting. New members welcome. Details: 9525 7215.

■ **Blakehurst VIEW Club:** Birthday luncheon at 11.30am at Kogarah RSL, 254 Railway Parade. Live entertainment, prizes and raffles. Details: 9570 6981.

Thursday, October 27

■ **Friends of Hurstville library:** 10am, Hurstville Library, cnr Dora Street and Queens Road. Speaker: Professor Daram Bal, who will read from his book, *The Migrant*. Donation for morning tea. All welcome.

■ **Full Gospel dinner:** Rose Rowison from Oatley Village Counselling Service will share her own journey of transformation and healing at 7pm at South Hurstville RSL Club, 72 Connells Point Road. Bookings: Ian Smith, 9527 4581. Ladies welcome.

■ **Home Bible study:** The group is essentially Presbyterian but open to all adults. Morning tea at 10am followed by one hour of Bible study from 10.30am. Details: Ken Blackall, 0407 980 533.

■ **Strength, stretch & relax class:** 11.30am, St Matthew's Church, Peakhurst Heights. Easy warm up and whole body strength and stretching exercises. Option to trial class before enrolling for term.

Bookings essential: SHARE, 9533 4422.

■ **Volunteer expo:** 11am-4pm, Hurstville Entertainment Centre, MacMahon Street. More than 60 organisations will be represented. Volunteering can help you try new things, meet new people and increase your confidence.

■ **Author night at Hurstville library:** Ever wondered what it takes to get published and why some authors end up on bestseller lists? Find out at 7pm when guest speaker Anna Valdinger, commissioning editor from HarperCollins Australia, takes us behind the scenes of the book publishing world. Free; bookings: 9330 6142.

■ **Senior's exercise class:** 11.30am-12.30pm at St Matthew's Church, Whitegates Avenue, Peakhurst. Classes will run weekly through school terms. Option to trial class before enrolling. Details: SHARE, 9533 4422.

Friday, October 28

■ **Free BabyPlay workshop:** 10.30am, Hurstville Library, Dora Street. Playgroup NSW is holding an interactive baby talk for parents and their babies aged 2-7 months. Learn new ways to interact with your baby, including singing, rhyming, reading and parachute play. Free, but bookings essential: 1800 171 882.

■ **Celebrate Bexley North Day:** Hosted by Bexley North Chamber of Commerce, with raffles, a free barbecue, wine tastings, giveaways and two-for-one offers at various locations. Details: 0401 781 270.

■ **Jesus and Life:** 7.30pm, Friday and Saturday at Hurstville Entertainment Centre, 16 MacMahon Street. Speaker: Dr John Dickson. These events are free and are sponsored by St George churches. Friday's topic: Why do I suffer in life?

The Leader welcomes submissions to What's On, a free service to community organisations. The Leader cannot guarantee that all entries received will be published. Submissions may be cut for space and clarity. Post to What's On, PO Box 25, Kogarah, 2217 or pmusick@fairfaxmedia.com.au.

Be surprised!

There's more to volunteering than you realise!

Discover the wide range of volunteer roles available!

Match your talents and passion with one of 65 local community organisations. It's what the Southern Sydney Volunteer Expo is all about!



Cost: Free entry
Date: Thursday 27th October 2011
Time: 11:00 am – 4:00 pm
Venue: Hurstville Entertainment Centre
MacMahon St, Hurstville
Contact us at:
www.volunteerexpo.com.au
Ph: 02 8558 4000

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St George Community Services